SJB SELECTION

REVIEW · R&B

Homebody | Nai Palm

Going home should be simple, right? Then you find out that home kept on living while you were away.

SJB SELECTION · NOVEMBER 2026

Going home should be simple, right? Then you find out that home kept on living while you were away.

In Nai Palm’s case, the image becomes almost surreal.

The video for “Homebody” takes her back near Mount Beauty, where she grew up, to an area once inhabited and later evacuated to make way for a dam.

The trees remained.

In the water.

The guitar has earth on it. The strings keep something deeply organic. The voice has a burnt, warm, uneven colour.

It’s an **absent presence**.

Everything revolves around the idea of origin, but without the rhetoric of the reassuring return.

When you come back, you have changed too.

The place has changed too.

Like walking back into your childhood bedroom and realising the walls remember a person you no longer are.

> ***“Homebody” doesn’t simply talk about where we come from. It talks about that very strange moment when we return to our origins and discover that they too, in our absence, have kept on changing.***

LISTEN

Homebody — Nai Palm — is in our playlist Blue Desire: Jazz, Soul & Slow Fire.

Nai Palm. Updated every Friday. Selected by ear.

LISTEN FIRST. SELECT SECOND.